

COMMUNITY NEWSLETTER



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

QUINCY FAMILY YMCA

3101 MAINE ST. QUINCY, IL 62301

WINTER 2011

WWW.QUINCYYMCA.NET



Joyce Waterkotte, Quincy
Campaign Chair



Karl Groesch, Mt. Sterling
Campaign Chair

2012 STRONG KIDS CAMPAIGN

It is the mission of the YMCA to put Christian principles into practice through programs that build a healthy spirit, mind and body for all. YMCA youth programs and services are made available to all children in the communities we serve. The Strong Kids Campaign raises funds to subsidize youth programs and provide financial assistance to youth and families less fortunate in our communities. Programs supported include youth sports, child care, preschool swim lessons, and summer day camp programs. The overall association goal for 2012 is \$143,000.

Quincy Branch Strong Kids Campaign

The Campaign Chair for the Quincy Branch Campaign is Joyce Waterkotte of U.S. Cellular. The branch goal is \$85,000 and the campaign will kick off in March 2012. Please contact Amy Earnest at 217-222-9622 if you are interested in making a contribution to this year's campaign or if you are interested in being a volunteer campaigner. You can also donate online at www.quincyyymca.net.

Mt. Sterling Branch Strong Kids Campaign

The Campaign Chair for the Mt. Sterling Branch Campaign is Karl Groesch, Brown County Sheriff. The branch goal is \$58,000 and the campaign will kick off in February 2012. Please contact Suzanne Woodward at 217-773-2230 if you are interested in making a contribution to this year's campaign or if you are interested in being a volunteer campaigner.

When you give to the Y, you strengthen our community. As a leader in providing program and services that focus on youth development, healthy living, and social responsibility, the Y uses your gift to make a meaningful, enduring impact right on your own neighborhood.

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NEWSLETTER FORMAT

We can email your newsletter. Please send a message to the address below and we will send your next newsletter via email.

ENJOY THIS ISSUE?

Feel free to share this newsletter with anyone who you think may find it useful.

QUESTIONS, COMMENTS, IDEAS?

Contact Amy at
amy@quincyyymca.net

32ND ANNUAL TURKEY RUN

The 32nd Annual Turkey Run event was held on Thanksgiving Day. The Turkey Run continues to be a family tradition for many in the Quincy community. What a fun, healthy way to start your Thanksgiving Day. The 2011 Turkey Run saw record numbers of registered walkers, runners, swimmers, and for the first time, indoor cyclists, with 1,675 registered participants. Thank you to the sponsors of Turkey Run, which are listed on the following page.



MY Y STORY

When Chris & Jamie Robnett were looking at options for preschool for their family, they knew that convenience would be a big factor in their decision. So would quality and reasonable pricing. The Robnett family found all of those things and more with the Y preschool program.



Last school year, Mia had been attending preschool classes with the three year old class while Audrey went to Wee Care and mom Jamie worked out in the wellness center. "The reason Mia came back to the 4 year old program and Audrey attends the 3 year old program is due to the instructors in the preschool program," Chris stated. "The instructors and program give students very important lessons they may not get at other schools. The academic and physical curriculum is also challenging to the students and pushes them to learn versus just meeting base standards."

While convenience may have been the initial advantage of the Y's preschool program, having quality programs and a safe environment keeps the Robnett family coming back to the Y. "Hopefully down the road our children will have the same opportunity to participate in great programs with their children," Chris said. Providing high quality preschool programs continues the Y's commitment to youth development, healthy living and social responsibility.

KIDS FIT ZONE

The Kids Fit Zone is open!! An open house and donor recognition event was held on December 8th to celebrate the support of the Quincy community. The Quincy Area Chamber of Commerce was also present for a ribbon cutting in honor of the new addition.



Thank you again to our generous donors that made this project a reality:

Bank of America

Blessing Hospital

Blue Cross Blue Shield of Illinois

Community Foundation of the Quincy Area

The CFM Foundation

Exchange Club of Quincy

First Bankers Trust

Gardner Denver

JW Gardner II Foundation

The Knapheide Manufacturing Company

Mary Anne Knapheide Memorials

Lindsay-Curtis Family

Robert Riley

State Street Bank

John Stevenson, Sr.

Tracy Family Foundation

RECENT PROJECTS & PROGRAMS RECEIVING DONATIONS

Your donations have supported the following projects and programs:

Thanksgiving Endowment Fund

Donor– George & Fran Youtzy

gift to the Thanksgiving Endowment Fund



Pictured are: Pat Syrcle, Mayor of Barry; Amy Earnest, YMCA; Mark Spiegelhoff, CEO YMCA; Gary Clark, IREC; Shawn Rennecker, City of Barry.

Western Community Center YMCA in Barry, IL

Donor– Illinois Rural Electric Coop

\$10,000 towards facility renovations

Youth Programming

Donor– Quincy Noon Optimist Club

\$300 towards youth programming

Aquatics Department

Donor– Mary Koch

\$250 towards aquatic department equipment

2011 Turkey Run Sponsors

Quincy Recycle	International Eyecare Center
Quincy Medical Group	Royal Printing
Vatterott College	Reed Promotional Media
Merrill Lynch	KHQA
County Market	Landmarx

MT. STERLING BRANCH DONATIONS

Youth Programming

Donor– DOT Foods Volunteer Match Program

\$800 towards youth programming

YMCA Arts Programming: Building Community Through the Arts

Farmers State Bank

Jean & Mike Buckley

Brown County State Bank

Judge & Marianne Slocum

Jim & Jil Tracy

Leslie Welty

Jim & Susan Heaton

Ron & Linda Peters

Diane Lagoski

Merle & Sue Kenady

Louis Hammer

Harold Thomas

The Quincy Family YMCA Association is a non-profit charitable organization committed to strengthening the foundation of our local communities through programs and services that promote youth development, healthy living and social responsibility.

MORE OPTIONS FOR HEALTHY LIVING

Indo-row is here!! The Y is continuing its focus and commitment to healthy living by offering its members the latest in cardio workouts. Indo-row is an indoor rowing fitness class that offers a total body workout. Rowing works the legs, core and upper body for a complete cardio workout, perfect for any fitness level from beginner to advanced. Beginning in January, the Y is offering 30 minutes classes and 11 weekly class times. The Y is excited to be able to provide an additional fitness option to its members. Check our website at www.quincymca.net or call 217-222-9622 for the Indo-row schedule.



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Quincy Family YMCA
3101 Maine Street
Quincy, IL 62301